

TRAINING GUIDE

Central San Joaquin Valley
Risk Management
Authority

2022/2023

At-a-Glance Trainings

Topics grouped below according to delivery method. The following pages contain dates, locations, speakers, session descriptions and other details.

WORKSHOPS

- A** Rattlesnake Safety
- B** Customer Service De-escalation
- C** CPR/FA/AED/BBP
- D** Driver Safety
- E** Avoiding Burnout
- F** Improving Sleep Health
- G** Aquatics Risk Management

PUBLIC WORKS FORUMS

- A** Fundamentals of Electrical Safety
- B** Essential Skills for Crew Leaders
- C** Fall Protection
- D** Fundamentals of Gas Monitoring
- E** Traffic Control and Flagging
- F** Commercial Vehicle Safety

POLICE FORUMS

- A** Stopping Critical Errors
- B** Law Enforcement Social Media
- C** Legal Update
- D** Below 100
- E** AB 392 & De-Escalation

JULY

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 A	21	22	23
24	25	26 A	27 A	28 A	29	30
31						

AUGUST

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 B	19	20
21	22	23 A	24 A	25 A	26	27
28	29	30	31	1	2	3

SEPTEMBER

S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20 B	21 B	22 B	23	24
25	26	27 B	28 B	29 B	30	1

OCTOBER

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18 C	19 C	20 C	21 C	22
23	24	25	26	27	28	29
30	31					

NOVEMBER

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9 C	10	11	12
13	14	15 D	16 D	17 D	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

DECEMBER

S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5	6 D	7 D	8 D	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY

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1	2	3	4	5	6	7
8	9	10 E	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

FEBRUARY

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14 F	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

MARCH

S	M	T	W	T	F	S
26	27	28	1	2	3	4
5	6	7 E	8 E	9 E	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

APRIL

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11 G	12 G	13 G	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY

S	M	T	W	T	F	S
30	1 D	2 D	3 D	4	5	6
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14	15	16 F	17 F	18 F	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

JUNE

S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	1

A WORKSHOP Steve Bledsoe, Southwester Field Herping Association

Rattlesnake Safety

Rattlesnakes are widespread in California. These snakes are found in a variety of habitats from the coast to the desert. Rattlesnakes may turn up in both rural and urban areas around homes and yards, in brushy areas, and under wood piles.

Employees should be aware of the dangers of working in areas where rattlesnakes may be present. The knowledge of safe work practices can reduce the risk to workers in areas where rattlesnakes are found.

Who should attend?
Any employee who may encounter a rattlesnake while performing their job duties.

When and where?
July 20 Virtual

A POLICE FORUM Mark J. Wittenberg Training, Inc.

Stopping Critical Errors Now, First Day Competency

Critical, unforced errors destroy the ability of the police their biggest asset: trust and respect. They are fundamental violations of professional behavior. Our question is: how do we stop critical, unforced errors that are contrary both to our oath and our training? How do we stop sabotaging service and reputations? This police forum will look at the issues, the causes and offer constructive approaches to stopping them.

Who should attend?
This police forum is recommended for police chiefs, command staff and supervisors.

When and where?
July 26 Ceres
July 27 Kingsburg
July 28 Shafter

August

2022

B WORKSHOP

Joe Levy, Embassy Consulting

Customer Service De-escalation

In this fast-paced world, working with the public can be both rewarding and challenging. You may also feel stress when working with difficult or challenging customers. There are times when customers have legitimate reasons to be upset and other times they do not. In either case, you should be prepared to handle difficult customers and find ways to resolve these situations successfully. During this two-hour virtual workshop, we will explore effective communication principles and conflict resolution strategies that can be used in both professional and personal settings.

Who should attend?

To all city employees who may work with challenging, demanding, or difficult customers or are interested in this topic.

When and where?

Aug. 18 Virtual

A PUBLIC WORKS FORUM

Johnny Hernandez, Boretti inc.

Fundamentals of Electrical Safety

Burns caused by electrical shocks, are responsible for many worker injuries and fatalities annually. What should our employees know to work safely around energized equipment? This training will focus on basic electrical safety in the workplace.

Who should attend?

Supervisors and employees who work with electricity, around energized equipment, or conduct electrical system maintenance.

When and where?

Aug. 23	Tracy
Aug. 24	Chowchilla
Aug. 25	Tulare

September

B POLICE FORUM

Edward Obayashi, Law Cop

Law Enforcement Social Media Misconduct: Personnel and Investigations Issues

In response to the unprecedented level of terminations of peace officers, including chiefs and sheriffs for social media misconduct, this is the first and primary POST-certified course that examines the growing enormity of the negative societal and law enforcement impacts of social media misconduct by peace officers.

Who should attend?

Management staff and training supervisors are encouraged to attend this vital departmental and career protection training

When and where?

Sept. 20	Tracy
Sept. 21	Fowler
Sept 22	Delano

B PUBLIC WORKS FORUM

Jim Delia, Delia & Associates

Essential Skills for Crew Leaders and Supervisors

This interactive workshop is focused on providing participants with an effective foundation for developing and exercising leadership skills in order to get better and more consistent results. Participants will be provided with approaches and tools to help increase self-awareness and understanding of how to influence and motivate people.

Who should attend?

All crew leaders, supervisors, and those employees aspiring to be one.

When and where?

Sept. 27	Hughson
Sept. 28	Central Region
Sept 29	Southern Region

October

C WORKSHOP

Rescue Training Institute

CPR, First Aid, AED, and Bloodborne Pathogens

An entry-level training on a combined adult CPR, first aid, AED, and bloodborne pathogens training program designed specifically for the occupational first aid provider. This course will help train employees on how to respond and care for medical emergencies at work. If you have been challenged with responding to a medical emergency, you know the value of hands-on training that prepares you for the unexpected. You will be trained by EMTs and paramedics who use these skills daily in the course of their work.

Who should attend?

This training is not designed for public safety such as police, fire and EMS.

This training is designed for employees, including Public Works, Recreation, and other City employees, who may need to respond and care for medical emergencies at work.

When and where?

Oct. 18 North Region
 Oct. 19 Central Region
 Oct. 20 Southern Region

C POLICE FORUM

Attorney Bruce Praet
 Ferguson, Praet & Sherman

Legal Update: Recent Legislation Affecting Law Enforcement

This police forum will provide a legal update on new and existing California laws affecting police, including use of force. The legal and practical issues associated with criminal, administrative, and civil investigations of officer-involved shootings and use of force incidents with particular emphasis on coordination between allied agencies will also be covered.

Who should attend?

This forum is an advanced, high-level training that will include opportunities for question and discussion. Command staff, supervisors, investigators, city attorneys, and risk management staff are encouraged to participate.

When and where?

Oct. 21 Turlock

November

C PUBLIC WORKS FORUM Sedgwick Risk Control

Fall Protection

Cal/OSHA requires all employers to protect against falls from elevation by one of the following methods: hazard elimination (i.e. using extension poles to do the work from the ground), passive fall protection (guardrails), fall restraint systems (self-retracting lifelines or short lanyards with a full body harness), fall-arrest systems (shock absorbing lanyard with a full body harness), or administrative controls (designated work area with warning lines). In addition, we will cover worksite fall hazard survey and fall protection system selection and application, fall protection equipment, training, and emergency rescue.

Who should attend?

Any employee working at elevations of 4 feet or higher.

When and where?

Nov. 9 Virtual

D PUBLIC WORKS FORUM Kent Freeman, California Health & Rescue Training

Fundamentals of Gas Monitoring

Course content to include didactic information on recommended safe practices and standards for atmospheric monitoring, including selection of atmospheric monitoring equipment and sensors, criteria of atmospheric monitoring procedures, identification of hazardous atmospheres and target gases, physiological effects of exposure to specific target gases, basics of monitoring for oxygen concentration, flammables, toxic vapors and high dust atmospheres. Program will cover how gas monitoring is essential for confined space work, trenching and excavation work as well as hot work.

Who should attend?

This forum is for all employees interested in gas monitoring and employees working in confined spaces, trenching and excavation or hot works.

When and where?

Nov. 15 Northern Region
 Nov. 16 Central Region
 Nov. 17 Southern Region

December

D WORKSHOP

Sedgwick Risk Control

Driver Safety Training

This training focuses on using defensive driving principles to help reduce the risk of motor vehicle accidents. Topics include distracted driving, driving hazards, increasing awareness, reducing complacency, road rage, safe driving behaviors, scanning techniques, unsafe driving behaviors, and vehicle safety features.

Who should attend?

This forum is for any city employee who drives a city vehicle.

When and where?

Dec. 6 Northern Region
Dec. 7 Central Region
Dec. 8 Southern Region

January 2023

E WORKSHOP

Jim Delia, Delia & Associates

Avoiding Burnout – Creating Reasons for People to Stick Around

This interactive workshop is focused on providing participants with insights and approaches to help build resilience and deal with the challenges and risks of burnout – in personal as well as professional life. Participants will gain an understanding of how to better self-manage when faced with high and prolonged stress.

Who should attend?

This workshop is designed for directors, managers, and supervisors looking for individual or teams of employees

When and where?

Jan. 10 Virtual

February

2023

F WORKSHOP

Impact of Good Sleep Habits On Your Health

Many of us discover that the "traditional" ideas of lifestyle and sleep habits do not serve us well in times of great stress or disruption. You will learn practical applications for lifestyle and sleep management for health and longevity.

Who should attend?

This regional workshop is for anyone interested in learning more about sleep habits.

When and where?

Feb. 14 Virtual

March

2023

E PUBLIC WORKS FORUM Sedgwick Risk Control

Traffic Control and Flagging

This training will provide participants with the knowledge needed to perform effective temporary traffic control and flagging.

Who should attend?

This regional forum is for public works employees who implement temporary traffic control and flagging requirements.

When and where?

Mar. 7	Northern Region
Mar. 8	Central Region
Mar. 9	Southern Region

G WORKSHOP

Jim Wheeler
Total Aquatic Management

Aquatics Risk Management

This workshop covers risk management principles and best practices as they relate to the safe operation of aquatic facilities and programs.

Who should attend?

This workshop is for city employees responsible for managing aquatic facilities, and those involved in aquatic and swimming programs and services.

When and where?

Apr. 11	Tulare
Apr. 12	Madera
Apr. 13	Riverbank

May

2023

D POLICE FORUM

Inspector Tom Dirlam (Retired)
Below 100 Instructor

Below 100

Below 100 is a common-sense officer safety training program that focuses on areas under an officer's control. Below 100 has proven successful at changing attitudes, and many agencies have realized significant reductions in injuries and costs related to preventable incidents.

Who should attend?

This forum is for all police including command staff, supervisors, and officers.

When and where?

May 1	Southern Region
May 2	Central Region
May 3	Northern Region

F PUBLIC WORKS FORUM

Chris Tuttle,
CHP

Commercial Vehicle Safety

This training will focus on basic level Commercial Vehicle Safety, providing information and safety awareness to everyone operating commercial vehicles.

Who should attend?

Any city employee with a commercial driver license (CDL) who operates a commercial vehicle

When and where?

May 16	Northern Region
May 17	Central Region
May 18	Southern Region

E POLICE FORUM

AB 392, De-escalation, Officer Safety, Use of Force and Duty to Intercede

De-escalation, despite its intended impact on reduction of force confrontations, has created new issues. The presentation will cover related topics such as officer safety, use of force, and duty to intercede.

Who should attend?

This forum is for all police including command staff, supervisors, and officers.

When and where?

June 6	Northern Region
June 7	Central Region
June 8	Southern Region