

Training Guide

*Central San Joaquin Valley
Risk Management
Authority*

2023-2024

At-a-Glance Trainings

Topics grouped below according to delivery method. The following pages contain dates, locations, speakers, session descriptions and other details.

WORKSHOPS

- A** CPR/FA/AED/BBP
- B** Driver Safety Training
- C** Preventing Sidewalk Trips and Falls
- D** Strategies for Effectively Managing Remote Workers
- E** CPR/FA/AED/BBP
- F** Active Shooter Preparedness – ALICE
- G** First Responders Maintaining Physical Fitness Safety
- H** How to Set Yourself Up for Success in 2024
- I** The Impact of Good Health Habits
- J** Aquatics Risk Management

PUBLIC WORKS FORUMS

- A** Excavation Safety including Trenching and Shoring
- B** Traffic Control and Flagging
- C** Commercial Vehicle Safety
- D** ATV and ATUV Safety

POLICE FORUMS

- A** Use of Force and Legal Update
- B** Below 100
- C** Police Pursuit Management

JULY

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |
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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
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AUGUST

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SEPTEMBER

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OCTOBER

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NOVEMBER

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DECEMBER

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JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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JUNE

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
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A WORKSHOP

Rescue Training Institute

CPR, First Aid, AED, and Bloodborne Pathogens

An entry-level training on a combined adult CPR, first aid, AED, and bloodborne pathogens (BBP) training program designed specifically for the occupational first aid provider. This course will help train employees on how to respond and care for medical emergencies at work. If you have been challenged with responding to a medical emergency, you know the value of hands-on training that prepares you for the unexpected. You will be trained by EMTs and paramedics who use these skills daily in the course of their work.

Who should attend?

This training is designed for employees, including public works, recreation, and other city employees, who may need to respond and care for medical emergencies at work.

When and where?

| | |
|---------|--------|
| July 18 | Tracy |
| July 19 | Selma |
| July 20 | Tulare |

This training is not designed for public safety such as police, fire and EMS.

B WORKSHOP

Sedgwick & CHP

Driver Safety Training

This regional training focuses on using defensive driving principles to help reduce the risk of motor vehicle accidents. Topics include distracted driving, driving hazards, increasing awareness, reducing complacency, road rage, safe driving behaviors, scanning techniques, unsafe driving behaviors, and vehicle safety features.

Who should attend?

This workshop is for any city employee who drives a city vehicle

When and where?

| | |
|---------|---------|
| July 25 | Ripon |
| July 26 | Reedley |
| July 27 | Delano |

August

C WORKSHOP

Sedgwick/AIMS/PCC/Law Firm

Preventing Sidewalk Trips and Falls

This training will cover issues related to sidewalk trips and falls, including:

- Government code requirements to establish a dangerous condition of public property - and the potential defenses and immunities to protect public entities
- Concepts of actual and constructive notice. Adjacent property owner's duty to repair city sidewalks according to the Streets and Highway Code and applicable local ordinances
- Update on the "Gonzales v. City of San Jose" - type ordinance that shifts some, but not all, liability for injuries of third parties to adjacent property owners and their insurance carriers
- Relevant legislation and case law
- Proper sidewalk claim documentation
- Sidewalk repair processes, including patching, grinding, and saw cutting. A demonstration of sidewalk cutting will be conducted

Who should attend?

This advanced level forum is meant for public works directors and supervisors, city managers and administrators, risk managers, city attorneys, and other city employees responsible for sidewalk risk management.

When and where?

| | |
|---------|-----------|
| Aug. 8 | Escalon |
| Aug. 9 | Kingsburg |
| Aug. 10 | Exeter |

September

D WORKSHOP

Jim Delia., Delia and Associates

Strategies for Effectively Managing Remote Workers

This workshop is highly interactive and is focused on improving a manager or supervisor's ability to most effectively manage a remote or virtual team. Participants will review the opportunities and challenges that come with remote work and explore strategies that will help ensure that successful results are produced while keeping workers engaged and satisfied.

Who should attend?

This regional training is for managers and supervisors who need to manage remote teams.

When and where?

| | |
|----------|-----------------|
| Sept. 26 | Northern Region |
| Sept. 27 | Central Region |
| Sept. 28 | Southern Region |

October

E WORKSHOP

Rescue Training Institute

CPR, First Aid, AED, and Bloodborne Pathogens

An entry-level training on a combined adult CPR, first aid, AED, and bloodborne pathogens (BBP) training program designed specifically for the occupational first aid provider. This course will help train employees on how to respond and care for medical emergencies at work. If you have been challenged with responding to a medical emergency, you know the value of hands-on training that prepares you for the unexpected. You will be trained by EMTs and paramedics who use these skills daily in the course of their work.

Who should attend?

This training is not designed for public safety such as police, fire and EMS.

When and where?

| | |
|---------|-----------------|
| Oct. 10 | Northern Region |
| Oct. 11 | Central Region |
| Oct. 12 | Southern Region |

This training is designed for employees, including public works, recreation, and other city employees, who may need to respond and care for medical emergencies at work.

November

A POLICE FORUM

Bruce D. Praet

Use of Force and Legal Update

This advanced level forum will cover the legal and practical issues associated with criminal, administrative, and civil investigations of officer-involved shootings and use of force incidents, including K9 liability. There will also be a legal update on new and existing California laws affecting police.

Who should attend?

This police forum is for command staff, supervisors, investigators, city attorneys, and risk management staff.

When and where?

Nov. 7 TBD

A PUBLIC WORKS FORUM

Sedgwick

Excavation Safety including Trenching and Shoring

This course is designed to provide supervisors and those tasked with overseeing or participating in excavation projects with basic knowledge to ensure the safety of the public and those actively engaged in trenching and excavation activities. The presentation will include an overview of Cal/OSHA requirements, permits and filings, soil classification and testing, contractors, and safety and risk control guidelines to minimize exposure to the city.

Who should attend?

This public works forum is for risk managers, supervisors, and employees in public works, wastewater, water department, parks and recreation, and any other employees responsible for excavation safety including trenching and shoring.

When and where?

| | |
|---------|-----------------|
| Nov. 14 | Northern Region |
| Nov. 15 | Central Region |
| Nov. 16 | Southern Region |

December

F WORKSHOP

Qualified Instructor

Active Shooter Preparedness and Response

Active shooter preparedness and response training helps individuals respond with confidence increasing the survivability of an act of violence.

Who should attend?

Every employee in the organization should attend this training.

When and where?

Dec. 6 Virtual Workshop

G WORKSHOP

Pinnacle Training Systems – Felicia Gomez, Ph.D.

First Responders Maintaining Physical Fitness Safety

This workshop will review the importance of fitness and lifetime wellness for first responders. We will discuss ideal workouts, training methods, and exercise plans that target fitness areas related to daily job tasks to ensure individuals are equipped with the knowledge and skills to do so safely.

Who should attend?

Every fire, EMS and police first responder should attend this training.

When and where?

Dec. 14 Virtual Workshop

January 2024

H WORKSHOP

Delia and Associates - Jim Delia

How to Set Yourself Up for Success in 2024

This interactive, virtual workshop focuses on providing all participants with insights, approaches and practical tools to help achieve a positive and productive start to 2024 in their professional and personal life.

Who should attend?

This virtual workshop is intended for individual contributors, supervisors, and managers.

When and where?

Jan. 10 Virtual Workshop

February

2024

I WORKSHOP

Healthwins – Jana Mowrer

The Impact of Good Health Habits

A majority of the factors that relate to your health and quality of life are created from the health habits you engage or don't engage in on a daily basis. For the second year in a row, overall life-expectancy has decreased in the U.S. with more individuals focused on creating and maintaining good health habits as a way to thrive through life's journey. Making healthy choices isn't always easy – it can be hard to find the time and energy to engage in these healthy habits but their impact on mental, emotional and physical health make it worth it. Join in for a 1 hour session to learn how to create and maintain good health habits to last a lifetime.

Who should attend?

This virtual workshop is intended for all employees.

When and where?

Feb. 27 Virtual
Workshop

March

2024

B PUBLIC WORKS FORUM

Sedgwick

Traffic Control and Flagging

This training will provide participants with the knowledge needed to perform effective temporary traffic control and flagging.

Who should attend?

The regional forum is for public works employees who implement temporary traffic control and flagging requirements.

When and where?

| | |
|--------|-----------------|
| Mar. 5 | Northern Region |
| Mar. 6 | Central Region |
| Mar. 7 | Southern Region |

April - May



J WORKSHOP Total Aquatic Management – Jim Wheeler

Aquatics Risk Management

This workshop covers risk management principles and best practices as they relate to the safe operation of aquatic facilities and programs.

Who should attend?

This workshop is for city employees responsible for managing aquatic facilities, and those involved in aquatic and swimming programs and services.

When and where?

| | |
|---------|-----------------|
| Apr. 9 | Northern Region |
| Apr. 10 | Central Region |
| Apr. 11 | Southern Region |

B POLICE FORUM Below 100 Instructor – Tom Dirlam

Below 100

Below 100 is a common-sense officer safety training program that focuses on areas under an officer's control. Below 100 has proven successful at changing attitudes, and many agencies have realized significant reductions in injuries and costs related to preventable incidents.

Who should attend?

This forum is for all police including command staff, supervisors, and officers.

When and where?

| | |
|---------|-----------------|
| Apr. 29 | Northern Region |
| Apr. 30 | Central Region |
| May 1 | Southern Region |

C PUBLIC WORKS FORUM Commercial Industry Education Program (CIEP)

Commercial Vehicle Safety

The Commercial Industry Education Program (CIEP) is an educational program designed to provide information and safety awareness to everyone operating commercial vehicles.

Who should attend?

Any city employee with a commercial driver license (CDL) who operates a commercial vehicle.

When and where?

| | |
|--------|-----------------|
| May 14 | Northern Region |
| May 15 | Central Region |
| May 16 | Southern Region |

C POLICE FORUM Embassy Consulting - Lt. Timothy Long

Police Pursuit Management

Initiating a police pursuit has significant consequences if not properly managed. Police pursuits also expose officers and their agencies with a great deal of exposure to liability, not to mention the risks of serious injury and death to everyone involved.

Recognizing the many risk factors must be considered by officers and supervisors who initiate or authorize these high risk and sometimes dangerous incidents.

This two-hour webinar will discuss the following topics:

- Command & Control
- Risks & Hazards
- Decision Making
- The will to terminate

Who should attend?

This police forum is for any police officer who may become involved in a vehicle pursuit.

When and where?

| | |
|---------|-----------------|
| June 10 | Northern Region |
| June 11 | Central Region |
| June 12 | Southern Region |

D PUBLIC WORKS FORUM California Health and Rescue Training

ATV and ATUV Safety

This training is intended for those utilizing these types of vehicles or supervising those who use these vehicles in the performance of their duties. The program covers regulations regarding All-Terrain Vehicles (ATVs) and All-Terrain Utility Vehicles (ATUVs), nationally recognized standards of operation, injury and fatality statistics, recommended safe operations, and personal protective gear. Other topics covered include pre-ride safety checks and information on developing employee manipulative skills testing.

Who should attend?

This public works forum is for employees who operate ATVs and ATUVs.

When and where?

| | |
|---------|-----------------|
| June 18 | Northern Region |
| June 19 | Central Region |
| June 20 | Southern Region |